

PATIENT INFORMATION / MRI



900 W. 38th Street • Suite 300
Austin, TX 78705 512-450-1300

To properly prepare for your MRI please read this information and instructions carefully:

Magnetic Resonance Imaging Open Environment: Our Esaote Lunar E-Scan XQ© unit is very open, allowing you to lie comfortably while only the affected part of the body is placed in the scanner. It provides higher image clarity and greater accuracy than many other open MRI systems and is much quieter than traditional MRI.

Testing Time: Depending on the type of MRI ordered, testing may take **45 minutes** or more to yield the highest quality diagnostic image. You will be asked to stay completely still during each 5-8 minute segment that the MRI is imaging. We want you to be comfortable and you may read, sleep or simply relax. The MRI equipment is kept cool so you may wish to bring a loose sweater and we will provide a blanket.

You must wear or bring the correct clothing for your procedure – no metal

- **Knee or Ankle test** = shorts or pants easily pushed well above the knee or ankle
- **Shoulder:** Men = tank top or shirt with no metal snaps or metal buttons
Women = tank top or shirt, sports bra with no metal, no underwire
- **Elbow or Wrist** = short sleeves or shirt easily pushed well above elbow or wrist.
- **Remove all metal**, including jewelry, belts, watches, hair clips, hair pins, coins, magnetic strips

(You may be asked to remove glasses for certain tests)

You should arrive 20 minutes before your appointment test time listed below.

Before beginning testing you will

- Park and walk to our office, located on the third floor of Central Park Medical Plaza
- Check in at Reception and take care of financial matters related to the MRI test
- Complete the required MRI Screening form and questionnaire
- Use the restroom (testing cannot be interrupted) and change into appropriate clothing

Your Appt Date/Time: _____

PLAN TO ARRIVE 20 MINUTES BEFORE YOUR TEST TIME

NOTE: Our MRI unit is carefully scheduled. Any late start will delay all other patient testing for the day, so if you arrive late, your test must be cancelled/rescheduled. Please call 512-450-1300 Ext 128 if problems arise.

Before your appointment

We will contact your insurance company and obtain your estimated MRI benefit information. We will call you to confirm the payment you are required to pay at the time of your MRI. This amount is an ESTIMATE from your insurance carrier and their allowable could change when they process your claim. Any balance remaining after your health plan pays is your responsibility and payment is due upon your receipt of a statement from our office. Any overpayment will of course be promptly refunded to you.

We strive to make your MRI experience positive and enjoyable. We also wish to avoid anything that might cause delay of your MRI, so call us if you need more information – we're eager to help.

You may also want to review Patient Resources information on our website www.austinsportsmed.com